





TELUS Health provides telemedicine to you for free. Here's how to get started.

## **FSH Mobile App**

- 1. Download the First Stop Health mobile app
- Tap 'Find My Account' and claim your account.





## **FSH Website**

- 1. Go to fshealth.com
- 2. Click 'Log In' in the upper right, then 'Find My Account'

