

Acute Emotional / Behavioral Crisis

An acute emotional/behavioral crisis exists when an individual's emotional or mental condition results in behavior, which constitutes imminent danger to him or herself or to another person. Examples of an acute emotional/behavioral crisis may include – suicide threat and/or attempt, strong feelings and heightened emotions due to trauma or abuse, severe drug reaction, extreme anxiety, fear, panic, paranoia, agitation, impulsivity, rage, hallucinations, uncontrollable and/or dangerous behavior.

If an acute emotional/behavioral crisis occurs:

1. Never try to handle a situation you feel is dangerous on your own.
2. Notify Campus Safety and Security to respond.
3. If the person or others is in imminent danger, notify 911. Clearly state that you need immediate assistance, and give your name and your location.
4. After calling 911, notify Campus Safety and Security.