Dear Students,
The AIANY Interiors Committee invites you to apply for a great opportunity this summer which will wrap up in NYC on **September 6, 2023**.

Recipe for a Room is a **design and model building contest** which pairs NYC architecture and interior design students with professional mentors for 3 weeks while you design, build and present a 1"=1'-0" scale Room based on a theme. It's been 3 years since Covid-19 started but its impact on our mental health is still very real. New York Mayor Eric Adams recently said, "the mental health crisis is the pandemic's second wave." You likely were personally impacted with a 1-2 year disruption to your high school or college education. We think students are best poised to design Rooms this year which are **Places of Respite**.

res·pite /*noun* a short period of rest of relief from something difficult or unpleasant

Students can choose what their room provides a respite from. It's a place for one person to spend one day or one night.

Interested?
Submit a 100-200 word Statement of Interest to aianyinteriors@gmail.com by 6PM ET on Thursday, July 20.

Please provide your name, email, phone number, college and year in the program. Tell us: a) why this opportunity appeals to you, b) what you think of when you hear the word "respite," and c) what are your design interests and how they relate to this program. *Selected students will be notified on Monday, July 24 by 6:00PM.*

Key Points:

- We are looking for **(9) nine student designers** enrolled in an architecture or interior design program in New York City for Fall 2023. That means the school is based in NYC or has a NYC semester- or year-long city-based program.
- Students selected shall commit to designing and building, with input from your professional mentor, for 3 focused weeks from July 28-August 18.
- Students must attend the Practice Run at the AIANY Center for Architecture 6:00-8:00pm Wednesday, August 31. Virtual attendance is also possible.
- Students must attend the live Contest Event at the Center one week later on Wednesday, September 6, 6:00-8:00PM.
- This is an opportunity to work closely with a NYC professional. This is the 3rd year for this contest and past students report they've kept in touch with their mentors as advisors for their future career steps
- The competition is hosted by the AIANY Interior Design Committee and funds raised from corporate sponsors will benefit a NYC non-profit organization with a mission of improving mental health of New Yorkers
- There will be 3 architect/designer judges who will hear your presentations, provide feedback and select a Judge Favorite Room
- At the Contest Event there is *live* audience voting to select the Audience Favorite Room. Invite as many people to attend as you like!

- If you're not in the city this summer, no problem. We expect students to build their model wherever you are, photograph and video it there, and present images and video in the city in September.
- Recipe for a Room is a lot of fun, and a great chance for you to grow as a design professional
- Full program description is attached

Check out the past two Recipe for a Room programs and student projects here:
https://calendar.aiany.org/2021/08/19/recipe-for-a-room-places-of-learning/

https://calendar.aiany.org/2020/08/27/recipe-for-a-room-a-design-contest/

For any questions about the program or the statement of interest, email aianyinteriors@gmail.com

Recipe for a Room 2023: Places of Respite

The Recipe for a Room Design Contest, sponsored by the AIANY Interiors Committee:

- Showcases the work of NYC-based architecture and design students;
- Connects students with professional mentors who act as design critics and presentation coaches; and
- Celebrates the act of model-making, shared via 2D images and video format at Contest Event

In the aftermath of the COVID-19 pandemic, there is a greater appreciation for what one can accomplish within a place of comfort (e.g. working from home) as well as increased societal awareness of mental health issues. Earlier this year, NYC Mayor Eric Adams announced his new Mental Health Agenda to combat the "second pandemic of mental health needs in the wake of COVID-19."

The Assignment: design and build a model of a Place of Respite--a room--for one. It is a place to spend one day or one night. Each student will define what their room provides a respite from, and when and how it will be occupied.

Definition: **res· pite** /ˈrespət/ *noun* a short period of rest or relief from something difficult or unpleasant.

The Room will be 8' wide x 8' long x 8' high (interior dimensions) and must contain:

1. Defined roof and walls
2. A door
3. A window (in wall or ceiling)
4. A place for sitting or sleeping
5. A task surface

Design should focus on how one feels inside the room. Consider qualities of space and light, ergonomics, transparency/opacity, surfaces and textures, rather than technical feasibility or weather-resistance.

Model-Making Materials: Build a physical model of the room, at 1"=1'-0" scale, using **fabric**. The definition of 'fabric' extends beyond cotton, wool, polyester, silk. It can be made of many things including metal or carbon fiber. Model-making materials must have the ability to be recycled. Hand sketching, 3D studies and failed attempts are encouraged! Document your process and concept development. The solution should be sculptural and thoughtful..

Students will build their models at home, and submit their designs via (2) 11x17 pdf images and a 1-minute video set to music. Presentations of the Rooms to contest Judges will take place at the in-person Contest Event on 09/06/23 at the AIANY Center for Architecture. Voting will be live and 2 winners will be selected – Audience Favorite and Judges Favorite. Winning designs will be featured on the Center's website and social media!

Contest Schedule:

Deadline for Student Applications:	July 20, 2023
Selected Participants Notified:	July 24, 2023
Contest Kick-Off Call:	July 28, 2023
Design, Model and Video Making:	July 28 - August 18, 2023, 6:00PM
Practice Run "Dress Rehearsal":	August 31, 2023, 6:30PM
The Contest Event:	**September 6, 2023, 6:30PM, AIANY Center for Architecture**